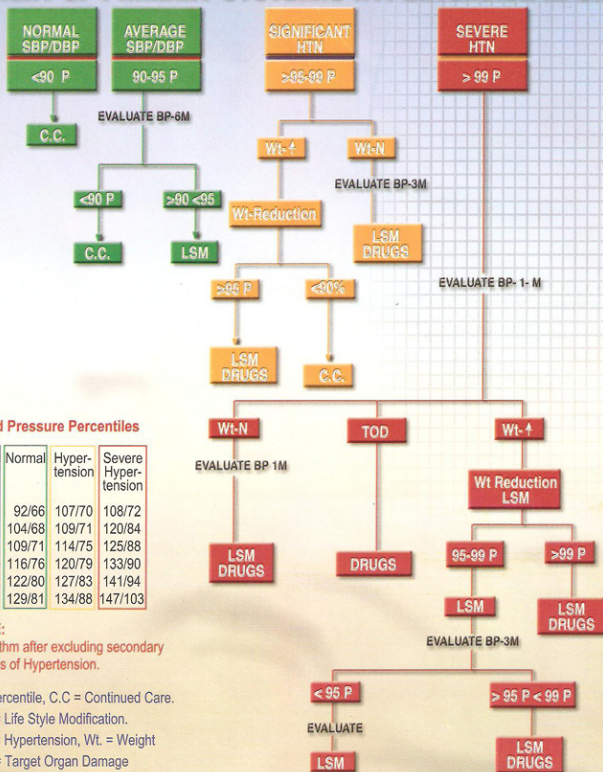


PAKISTAN HYPERTENSION LEAGUE



MANAGEMENT OF PRIMARY SYSTEMIC HYPERTENSION IN CHILDREN



Blood Pressure Percentiles

AgeY	Normal	Hypertension	Severe Hypertension
2 -	92/66	107/70	108/72
3-5	104/68	109/71	120/84
6-9	109/71	114/75	125/88
10-12	116/76	120/79	133/90
13-15	122/80	127/83	141/94
16-17	129/81	134/88	147/103

NOTE:

Algorithm after excluding secondary causes of Hypertension.

P = Percentile, C.C = Continued Care.

LSM = Life Style Modification.

HTN = Hypertension, Wt. = Weight

TOD = Target Organ Damage