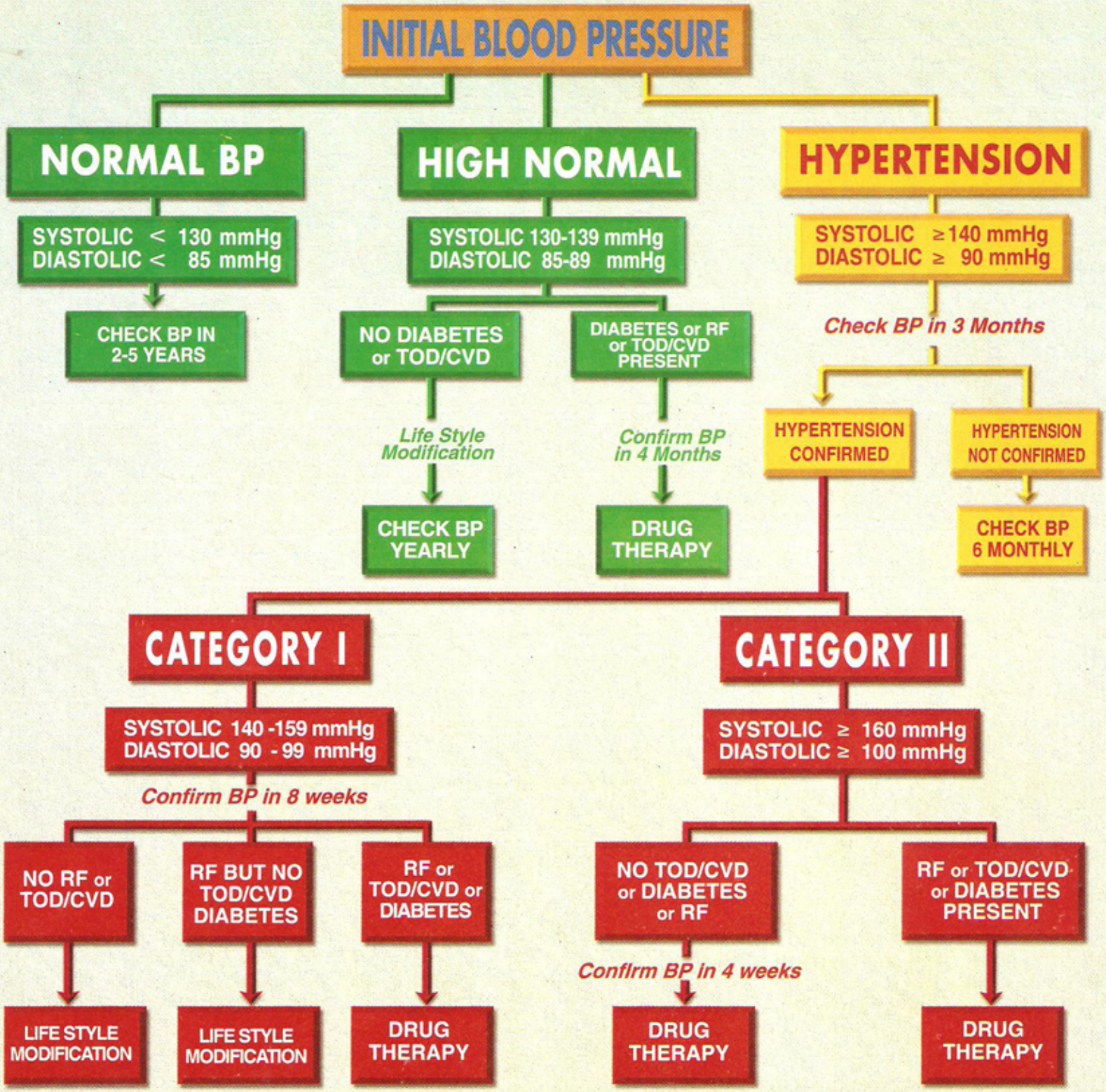
# PAKISTAN HYPERTENSION LEAGUE

## GUIDELINE FOR HYPERTENSION MANAGEMENT




### KEY

TOD = TARGET ORGAN DAMAGE
CVD = CARDIOVASCULAR DISEASE
LVH = LEFT VENTRICULAR HYPERTROPHY

### RF = RISK FACTORS

- ☆ DIABETES MELLITUS
- ☆ ORGAN DAMAGE
- ☆ FAMILY HISTORY
- ☆ HEART DISEASE
- ☆ DYSLIPIDEMIA
- ☆ ELDERLY
- ☆ SMOKING
- ☆ OBESITY